

Multiply Wellness Day application form | 2023

Please complete this form and send it to your Account Executive.
For a Multiply Day to run smoothly, allow a lead time of 4 to 6 weeks.

Section 1: Company information

Company name

Physical address of proposed site for the Multiply Wellness Day

Postal code

Group product

Momentum Medical Scheme Multiply Closed schemes

FundsAtWork Myriad Staff Care Solutions

Multiply for corporates

Account executive/ adviser

Company contact person to manage Multiply Wellness Day on site

Name

Cellphone number

Email address

Name of room/area where Multiply Wellness Day will be held (eg Boardroom A1)

Proposed date of the Multiply Wellness Day (at least 4 weeks from date of this application form.)

Time (Note: The Multiply Wellness Day runs from 8:00 to 17:00. If these hours are exceeded or if the event is hosted on a weekend, we will bill the company.) : until :

No of attendees	Multiply Day duration	No of nurses
10 - 20	1-6 hours	1
No Nurses will be required only Multiply Marketing attendance		
80 +	1-8 hours	5

Notes:
Please use this guideline to see how many nurses we allocate to a Multiply Wellness Day. Nurses are allocated based on number of attendees and Multiply Wellness Day duration*. Cost per additional nurse requested: R1 850 per nurse, per day.

Estimated number of employees/clients taking part in the Multiply Wellness Day:

(The number of employees or clients for 2022 we cater for on the day.)

Will there be non-Multiply members testing? Yes No If yes, please indicate number

Section 2: Your Multiply Wellness Day preference

You will receive the following in line with attendance request:

No of attendees	10 - 30	31 - 100	101+
Multiply Wellness Day	Basic	Comprehensive	Executive
Information station			
Promoters (within metropolitan areas)	x1	1-2	2-3
Assistance with points*	✓	✓	✓
Partner activations	✓	✓	✓
Device	✓	✓	✓
Safety awareness			
Questionnaires	Info	iPads	iPads
Health and activity			
Safety			
Financial review			
Broker (FNA)		Where applicable	Where applicable

* Applicable partners will be sourced

Section 3: Assessment options for a Multiply Wellness Day

The following assessments are available, please indicate which assessments you would like conducted:

- Health assessments (HA) at R145 Please estimate the number of health assessments to cater for:
A nurse or biokineticist will conduct the HA and involves testing blood pressure, body fat percentage, glucose and cholesterol.
Testing takes between 15 and 20 minutes.
- HIV counselling and testing (HCT) at R140 standalone or at R110 if combined with health assessment (HA)
This involves a finger prick test for HIV, conducted by a professional nurse. The test takes 10 minutes. Each nurse requires a private room.
- Fitness assessments (FA) at R440
FAs are approximately 30-minute assessments performed by a registered health professional (HP) affiliated with the Momentum Multiply HP Network. The assessments take place on a one-on-one basis, and therefore requires a private room. Please estimate the number of fitness assessments to cater for.

Please note that all prices include VAT.

Section 4: Billing information

The scheme will pay, through the Health Platform, the cost of one screening test per year of up to a maximum of R145 (incl VAT) for each scheme member that has a screening test done on the Multiply Wellness Day. Scheme members will receive a statement that will indicate that their free health assessment has been paid from their Health Platform benefit. The group/employer will be responsible for the health assessment cost of scheme members that have already used the benefit for the particular year.

If the occurrence that non-scheme members are to be included in the Multiply Wellness Day, please refer to assessment cost in section 3. In the instance where the employer only caters for scheme members, the company will be liable for all non-scheme members participating, irrespective of the communication for the day.

Please note the penalty fees as stipulated below. Participation and cancellation fees are essential in securing the professional services needed to conduct the days. We provide booking sheets to assist the company in tracking attendance and limiting congestion on the day.

HCT/FA does not form part of the Momentum Medical Scheme platform benefit and either the company or employee will be liable for the cost. Scheme members on the Ingame option do not qualify for HealthReturns.

4.2 Participation fee

On page 1 of this application form, Momentum requires an estimate number of employees attending the Multiply Wellness Day. As our arrangements and cost for the day are related to this number, if less than 70% of the confirmed bookings participate on the day, the company/employer will be liable for this cost for each employee below the 70% line. The participation fee is R145 (incl VAT) for every non-attendee.

For fitness assessment bookings, a minimum of 10 bookings is required. If there is less than 50% participation, the client will be liable for a cost of R440 per member.

4.3 Cancellation fee

In the event of the Multiply Wellness Day being cancelled, the following costs will be retrieved from the group/employer:

- 5 working days before the event: the company/employer will be liable for 50% of the number of estimated attendees at R145 per attendee (incl VAT).
- 2 working days or less before the event: the company/employer will be liable for 100% of the number of estimated attendees at R145 (incl VAT) per attendee.

4.4 Weekend/overtime fees

Please note that there is a standard fee of R400 (incl of VAT) per hour per nurse on weekends or public holiday events or if Multiply Wellness Days are requested before 08:00 or after 17:00 during the week. This cost is the client's responsibility.

If Multiply promoters are needed on Sunday events, the cost is double the hourly rate, this cost is the client's responsibility.

Company information*

Trading name	<input type="text"/>											
Registered name	<input type="text"/>											
VAT registration number	<input type="text"/>											
Physical address	<input type="text"/>											
	<input type="text"/>											
	<input type="text"/>						Postal code	<input type="text"/>				
Contact person	<input type="text"/>											
Contact number	<input type="text"/>											
Email address	<input type="text"/>											

* Mandatory for a successful Multiply request.

Section 5: Marketing and communication plan

Please select the client's requirements:

Electronic communication

Email communication (teaser, invitation, reminder) Yes No

Generic poster

Generic posters (Make sure that the company allows these to be put up. Not more than 2 posters per event). Yes No

Section 6: Covid-19 pre-vetting questionnaire

Momentum Wellness has adopted some of the government directives for employers on wellness days at employer sites. Yes No

Please confirm whether the below Covid-19 government directives on health and safety in the workplace are in place:

Administrative controls eg safe operating procedures (SOPs), safe work practices, education and training, screening testing and surveillance and reporting of incidents.

Healthy and safe work practices eg good housekeeping, social distancing and personal hygiene. Yes No

Personal protective equipment (PPE) eg face masks, gloves, protective clothing. Yes No

Have you read and understood the detailed Momentum Wellness Covid-19 employer guidelines for onsite wellness days. Yes No

Kindly note that if the abovementioned employer obligations are not met either before or during wellness day, Momentum Wellness has the right to withdraw from rendering wellness day services.

Section 7: Terms and conditions

Please take note of the following:

1. The company contact person needs to ensure that sufficient communication is done and that all marketing material provided by Multiply is utilised. This will directly influence the attendance and success of this day.
2. Momentum Metropolitan Holdings will not be held responsible in any manner whatsoever for any loss or damages suffered by the employees as a result of any action or omission by the provider of the services or test administrators.

Please confirm acceptance of the conditions in this application form by the company contact person.

Company	<input type="text"/>
Responsible person at relevant company	<input type="text"/>

Accept the above terms and conditions on behalf of the company as shown above.

Signature

Date - -

Disclaimer

Multiply informs and assists all Multiply Wellness Day attendees of their potential risk factors as well as recommended lifestyle changes but cannot accept responsibility for any consequences that may result from such recommendations. Multiply will not be involved and cannot be held responsible for issues emanating from disease management eg patient monitoring, compliances with recommended programmes, clinical outcomes or the patients adherence to the programme or any other factors or injuries that result from the patient's participation in such a programme.